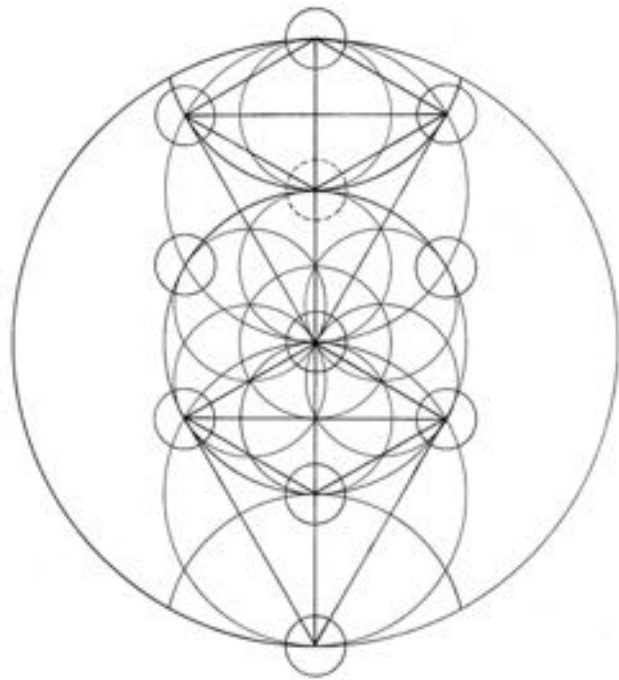




life

Your
Word
Guide

circlesoflife.net



The Tree of Life - sacred geometry

We shall not cease from exploration
And the end of all our exploring
Will be to arrive where we started
And know the place for the first time.

T.S. Eliot



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ABOUT YOUR WORD

Words have power.
They bring clarity and meaning to our lives.

Your word on a ring becomes a reminder,
an aid for focus, and a tool for bringing you
into alignment.

Your word can guide and support you
in decision making and moving forward in life.

Choosing your word is an act of clarifying
what is important to you.



CHOOSING YOUR WORD

In choosing your word you are setting an intention for your life and for what is important to you.

Read through the list of words following.
Do any words jump out?

Reflect on the different areas of your life and come up with words that reflect what you would like to experience in each area. Areas of life could include:

Career, Health, Family, Hobbies,
Friends, Personal expression

Try coming up with three words for each area.
Is there a common theme in the
words you have chosen?

If your word still isn't clear, allow yourself to forget about it, and notice if any words naturally rise to the surface.



WHY CHOOSE A WORD

This can be an exciting journey of discovering what is important to you.

EVOLVE MORE CONSCIOUSLY

The word you choose reflects this particular moment in your life and becomes a marker for this time.

As you move forward, you can reflect on how your relationship to your word deepens and changes.

You can see with more clarity how you are growing and evolving.

In choosing your word you are committing to and taking a stand for yourself.



WORDS FOR INSPIRATION

- | | | |
|-----------|------------|-----------|
| accept | calm | ease |
| action | celebrate | embrace |
| adventure | certain | eternity |
| alchemy | change | evolve |
| align | choose | expand |
| alive | clarity | explore |
| allow | compassion | |
| anger | connect | faith |
| aspire | conscious | family |
| awake | courage | feel |
| aware | create | focus |
| | curious | free |
| balance | | freedom |
| be | dare | |
| begin | deep | gold |
| believe | delight | grace |
| bliss | desire | grateful |
| bold | dream | gratitude |
| brave | | grow |
| breathe | | guide |



WORDS FOR INSPIRATION

happy	learn	pause
heal	let go	peace
heart	life	plan
here	light	play
home	love	presence
honour		power
hope	make	pray
	mindful	
I am	move	quiet
imagine	mystery	
infinity		radiance
inspire	now	rebel
integrity	nurture	reflect
		relax
journey	om	release
joy	open	remind
		revive
knowledge		



WORDS FOR INSPIRATION

sacred
self
shift
shine
simple
smile
spirit
still
stop
strength
surrender

think
thrive
transform
trust
truth

union
unity
unplug
uplift

vital

wellness
whole
wisdom
wonder
worthy
wow

yes

zen

NAME RINGS

- remember a loved one
- perfect gift for a child.

MORE THAN ONE WORD?

You may choose to have more than one word on your ring at no extra cost. (up to 14 characters including spaces)

CHARACTERS

UPPER or lower case,
0123456789
+ - / : # & , .



Ring sizes shown on
'average' female hand

thumb: 9.0
pointer: 8.0
middle finger: 8.0
ring finger: 6.5
little finger: 5.5

SIZES

There are 6 ring sizes :

5.5, 6.5, 8.0, 9.0, 10.5, 11.5
XXS XS S M L XL

Limited sizes means perfect sizing
may not be possible, but there will be
a ring to fit you in some way.

Your ring can also be worn on a
necklace or attached to a keyring.

For more details, and
suggestions for finding your size,
go to:

www.circlesoflife.net/sizes



What

6mm wide stainless steel bands.

Stamped with your choice of word/s
(up to 14 characters including spaces)

Six sizes to fit most hands.

Ulysses butterfly temporary tattoo
with each ring.



Why

A simple tool for peace, clarity,
and connection.

Bring intention & presence to your day,
in a playful way.

Stay focused and aligned
with what is important to you.



Every limit is a beginning
as well as an ending.

George Eliot

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life